



The History of Punch and Judy
Tuesday 15th September Doors Open at 2.00 for 2.20



Ray Sparks used to be the 'Punch and Judy Man' in Eastbourne Seafront. He will be talking about the history of this very British seaside institution.

Future Meetings

20th Oct Sue Greener will be talking about the Heathfield School and Street Pastors

17th Nov Andy Thomas returns to talk about the History of Christmas

History Day

**Spend a day
with u3a!**

History Day - Spend a Day with u3a Thursday 22nd October 10.00-16.00

The East Sussex Network of u3a will be running a new fun event at the Birley Centre in Eastbourne. The day will include a wide range of activities including interesting history talks, walks and pub games. Tim Williams will be running a table for our u3a with a topic of the Battle of Hastings – Where did it really take place.

Tickets are now on sale until the end of September at £15 each. They can be purchased online : [BRING A FRIEND - HISTORY WORKSHOP - East Sussex East Network](#)

**Christmas Fair
17th November**

Once again, we will be holding a Christmas Fair at our November meeting. We have a limited number of stalls available. Please let me know if you would like one and let me know what you propose to sell. [Barbara Hibbart](#)



Le Marche on 31st August

Thank you to everyone who helped to 'man our stall at Le Marche on Bank Holiday Monday. The weather was kind and the town was buzzing. We spoke to lots of people during the day including existing members, lapsed members who would like to rejoin and a number of people who have recently moved to Heathfield. We look forward to welcoming them to future meetings. Thank you to Fiona Godwin for organising our stall.

Register of Local Tradesmen

There has been considerable publicity recently about rogue traders who leave jobs part way through, over charge for work or do un-necessary work at exorbitant prices. Check a Trade and other similar organisations can also be misleading. In an effort to help you find responsible, reliable and reasonably priced trades people we are going to compile a list of local businesses that members have successfully used. It is important that we are NOT recommending these businesses. If you have had great service from a local trades person please call Chris Elphick who has kindly offered to keep the list. He will need to know the name of the business, contact details and what work was undertaken. You will also need to be prepared to talk to members of u3a who want to know more about the job they did for you. If you're looking for trades people you will be able to call Chris to ask for details of a suitable local business.

NB You can't add your own business to the list. You must have personally used the trade you mention.

Chris Elphick can be contacted on 07926 994406

u3aWeek 19th – 27th September

The theme for this year's u3a week is 'Try Something Different'. The week does not include our monthly meeting date, however we plan to mark the event by posting ideas for you to try on our Facebook page. Visit our Facebook Page or the HQ website for ideas. [Heathfield u3a](#)

Groups News

August is a time when some of the interest groups have a break due to holidays and /or the hot weather. A number of people have mentioned that they really missed the social interaction from their groups during August and felt lonely. I know that some groups changed their plans and met for coffee or a pub lunch. If you can continue group meetings over the Summer, I am sure it would be appreciated by many. The committee has agreed that in future we will hold an August meeting and we are currently looking for ideas to create a slightly different format for August. Please forward any ideas to [Sue Benson](#)

Bridge



The Bridge group is now underway and meets in the Heathfield Co-op Café. The Group Leader is looking for experienced Bridge players who would be prepared to help beginners learn to play.

German Conversation

This group is now running with a combination of beginners and fluent speakers. The Group Leader is looking for more fluent speakers.

Creative Writing



The group is looking for new members.

Vineyard Group



The Vineyard Group visited Beacon Down Vineyard in Cross in Hand. They enjoyed a range of delicious still and sparkling wines with cheese platters. This is the closest Vineyard to Heathfield town and well worth a visit.

Historic Inns Group



The group visited the Eight Bells in Jevington. Great food with generous portions, served by pleasant staff. Lovely gardens.

Garden Visits

The group took a break over the Summer due to the heat and also many gardens were not at their best. Visits are now being organised and the next one is The One Garden at Stanmer Park on 18th September.

The Bus Explorer Group



This new group had their first adventure on the 29A bus to Lewes, where they explored the Castle, Antique Emporium and the shops.

The Knit and Natter Group



The group visited Parham House in Lewes to explore the house and view the antique needlework displays.

Painting Group



The Painting Group chose a topical subject of Le Marche, for their August meeting.

Theatre Group



The Group visited the Royal Hippodrome to see a musical - Come from Away.

Bird Watching

The weather was too hot for bird watching and therefore the group met for coffee to plan future meetings.

If you find that a group you want to join is full, ask to be added to the waiting list. Once there is sufficient interest, the Group Co-ordinators can help to create additional groups.

For further information about Groups:

Group Co-ordinators: groupshfu3a@outlook.com