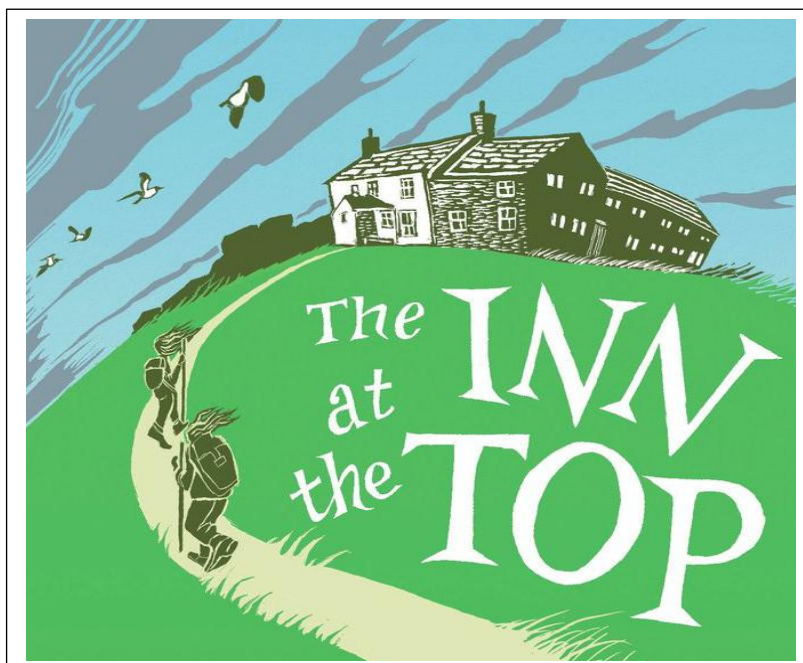




The Inn at the Top
Tuesday 16th June. Doors open at 2.00 for 2.20



Neil Hanson will talk about his time as publican at the Inn at the Top. His talk will include anecdotes about local farmers and the people who had to stay at the Inn for longer than expected! There will be a very short AGM and refreshments will be served to celebrate our 11th birthday.

Future Meetings

21st July	Ian Kirby from Chailey Heritage will be talking about the work of this important charity.
August	Summer recess - No Meeting
15th Sept	Ray Sparks will talk about the History of Punch and Judy

Notification of our Annual General Meeting

Our AGM will take place during our June meeting. As usual it will be kept short. Accounts and the annual report will be sent out a few days after this newsletter. During the meeting there will be an opportunity to ask questions and for Group Leaders to talk briefly about their groups.

We are looking for one additional person to join our committee as a general member. Responsibilities include attendance at monthly committee meetings and where possible attendance at the main monthly meetings. Please let me know if this role is of interest.

barbara@barbarahibbartcoaching.co.uk

Spend a Day with the u3a – Thursday 22nd October

The East Sussex Network of u3a groups will be running an exciting event at the Birley Centre in Eastbourne from 10.00-4.00 on Thursday 22nd October. The event has a theme of History – in the broadest sense and will be a day filled with opportunities to take part in fun activities.

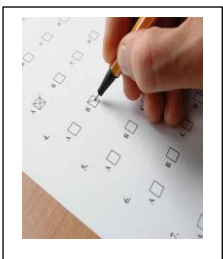
Details of speakers, agenda for the day, fees and booking will be available soon.

The event will be run by the three Eastbourne u3a groups however they would welcome volunteers to help on the day. Our group plans to have a table at the event.

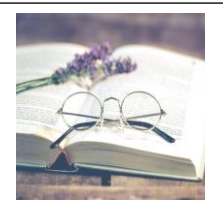


Foreign Coins & Notes for Mary's Meals

I have delivered your generous donations of foreign coins and notes to Roy Peachey. He was delighted and surprised at the volume and weight of coins. He will let us know the value of the haul once it has been processed.



HQ Questionnaire U3a HQ are currently seeking feedback about the future needs. They have chosen our group as one of those to be asked to fill in a questionnaire to provide this feedback. It will take no more than 15 minutes to complete it. Thank you to everyone who has already completed it. The original deadline was 31st May. However, this has now been extended to 14th June. Please take a few moments to complete the questionnaire – you could be the lucky one to win the £100 prize! [Inside u3a Survey](#)



2026 Essay Competition

This year's essay competition has now been launched with an entry deadline of 31st July. The topic is a real life journey of discovery, adventure or transformation in no more than 1000 words. For full details follow the link : [Entry Details](#)



New u3a Holiday Escapes

U3a have created an exciting new holiday opportunity - u3a-Getaways. From September there will be a range of theme based holidays starting on 14th October with a 5 day Agatha Christie adventure. For further details : [u3a Getaways](#)

Groups Update

We are currently holding waiting lists for two potential new groups - Bridge and a Bus Group. If you are interested in either of these groups please let the Group Co-ordinators know.

The German group has been running for a while with a combination of German speakers and beginners. If you would like to learn German or brush up your skills, please contact the Group Co-ordinators.
groupshfu3a@outlook.com

Group Activities Update

Theatre Group



The group enjoyed a meal at the Horse & Groom followed by Cranford performed by the Rushlake Green Players.

Painting



More lovely pictures created at the latest meeting of the Art Group, who meet in Union Hall.

Creative Writing



The group shared their work on the topic 'Whats That'. As usual the pieces of work were very different.

Crafting for Fun



The group worked with paper to make these lovely pictures which could be used as cards or mounted in frames.

Bird Watching



The Bird Watching group saw these lovely birds.

The Vineyard Group



The Vineyard Group visited Lakedown Brewery.

General contact : heathfieldu3a@outlook.com

Group Co-ordinators : groupshfu3a@outlook.com